

The Newbury Times



Dennis' Desk

The summer of 2018 will be remembered as one of the warmest summers we have had in many years. Just a reminder: For those who need to find a cool spot out of the heat, the town office is air conditioned and available to all for a “cool down” during normal business hours.

Our warm summer has had its share of rain and humidity, but on Old Home Day the weather was close to perfect. The crowds were great, the shows and activities lots of fun, the crafts were memorable, the boat rides refreshing, and the art show was just beautiful. A resounding shout-out of “thanks” to Cheyrl Fogwill, Lea McBain, Kris McAllister, the Newbury Police, Fire and Highway personnel for everything you all did to make the day-long event safe and fun. A special thanks to Jennifer Smith, Charlotte High, Tiffany Favreau, and Debbie Prussman for pitching in and helping to make it a great success. Thanks also to Rosie Johnson for helping to book the shows and related administration. But, the success of the day is in the planning and preparing. Thanks, Pam Bryk for keeping your fingers in all the activities to ensure a good time was had by all.

We expect to set our property tax rate in early October and we still expect the rate to be \$.10 less for the town portion of the rate compared to last year.

As always, we are looking for volunteers for all our land use boards and town committees. Newbury is *your town* and its continued vitality depends on the many, many volunteers who offer their time and expertise to keeping our town the unique and special place it is. Please consider being an integral part of Newbury’s future. Contact me if YOU can help.



Fire Department News

If You See Something, Say Something!

If you see suspicious activity in your neighborhood or something just does not look right, call 911 and report it. If someone is sick or injured, if you smell smoke or gas, or if your smoke or carbon monoxide detector is going off, call 911. The Newbury Police or Newbury Fire Rescue will respond. **If you have questions, let us know.**



If it is not an emergency and you have questions about detectors, permits or appliances call dispatch and someone will come out to assist. For non-emergencies, call the Dispatch Center at 763-2221, tell them that it is not an emergency, but you would like to have a Newbury Fire Rescue representative come to your house to answer your questions. You can also schedule an appointment or have questions answered by e-mail by sending an e-mail to newburyfire@gmail.com. Please do not leave a voicemail message for Newbury Fire Rescue on the fire station business telephone message line as it is not monitored. Don't leave a personal message on our Facebook page.

Annual Auction

The Newbury Fire Rescue Annual Auction, held on August 26, was a big success. Members of the department thank the community for their donations to the auction and their attendance and purchases. All proceeds of the auction are used to purchase equipment and supplies for the department and supplement the annual budget from the Town of Newbury.

Community Fire Safety Presentation

Newbury Fire Rescue met with residents of the Newbury Commons Senior Housing and provided information on the fire safety features of their building. Residents had questions on the workings of the sprinkler system and the smoke detectors. There was a discussion on the procedures to follow when the fire alarm goes off, along with a review of the safe locations for residents to gather. Several people had questions on what to do when there is smoke from burned food or if there is a fire in their apartment.

The residents expressed their appreciation for the meeting and commented that it was nice to be able to meet the firefighters informally in a non-emergency setting.

Fireworks Permits

As the summer comes to a close, the number of fireworks permits issued by Newbury Fire Rescue increased by 10% over the total for 2017. This is a positive trend as a larger number of permits issued means that fewer people are using fireworks illegally in Newbury. Also, this means that permit holders are following the fireworks permit rules,

which results in safer fireworks displays. This summer, there has been fewer complaints from residents about fireworks in their neighborhoods. Most of the fireworks permits issued in 2018 were issued through the on-line form on the Newbury Fire Rescue website. For people who had permits in the past, all of the transactions were done on-line. For new applicants, a one-time inspection of the display site was done before the on-line permit was issued. The on-line permit process saves money for both the department and the Town of Newbury by reducing the payroll-added costs associated with the manual permit issuance procedure.

Calls for Service on the Rise

The number of calls for service for Newbury Fire Rescue continues to increase as of the end of August. To date, calls for service have increased 17% above the same period in 2017. The number of calls for July and August were 36% above 2017. Medical calls in 2018 continue to be the largest category at 37%, and public service calls have grown to 19%. The percentage of 2018 calls pertaining to vehicle incidents and false alarms decreased from 2017.

Newbury Fire Rescue on Facebook

Facebook followers checking in on the Newbury Fire Rescue's Facebook page [@NewburyFireRescue](https://www.facebook.com/NewburyFireRescue), continue to grow. Over 5,882 people visited our site in the past month. The Facebook page, which is updated several times a week, provides information on calls that the department has responded to, training activity, news about department and town activities, fire prevention, and safety information. The site also features news and information from the State Fire Marshal, NH Fire Academy, Marine Patrol, NH Fish & Game, and other state and local departments and agencies. Radio station WNTK, along with other media outlets, often republish information from the Newbury Facebook page.

Smoke Detectors Have an Expiration Date

Did you know that if the smoke detectors in your home are over 10 years old - and the Carbon Monoxide (CO) detectors are over seven years old - they should be replaced? Also, the newer smoke detectors with a sealed battery also need to be replaced after 10 years.



Every smoke detector has a date of manufacture on the back. Check the label to determine when replacement is needed. After the indicated number of years, the detectors lose their sensitivity and may not immediately sound the alarm if there is smoke or carbon monoxide in the house.

Fire Department News, Continued -

Fire & Safety Inspections

Most residents are familiar with the emergency response for fire and emergency medical services calls. Our trucks are very visible on the way to calls and at emergency scenes. However, of equal importance, emergency response is the pre-incident management of hazards in the community.

The primary way that hazards are eliminated or managed is through Fire & Safety inspections by Newbury Fire Rescue. Most residents are familiar with the fire safety inspections done for new construction, such as gas and oil burners and wood stoves. Most residents are also aware of inspections for outside burn permits, fire pit permits and fireworks permits.

The State of New Hampshire also requires municipal fire departments to inspect places of assembly, tents, amusement devices, and childcare facilities, such as camps and day care centers. For a number of years, Newbury Fire Rescue has been inspecting the tents at the annual League of New Hampshire Craftsmen Fair that is held at Mount Sunapee Resort. This year, with enhanced tent regulations from the State Fire Marshal's Office, 18 hours of inspection time, including follow-up on repairs, was required before the fair was issued a permit to open.

Newbury Recreation

Pick-Up Pickleball!



Pickleball is the newest rage in racquet sports that's sweeping the country and now it's here in Newbury! Drop by Fishersfield Park any Monday evening 5:30 p.m. - 7:30 p.m. (through mid-September), or Thursday and Saturday mornings 9:00 a.m. - 11:00 a.m. (through mid-October). If Pickleball is on your "to try" list, look no further than Fishersfield Park! This is for players of all skill levels - new players and beginners are welcome. There's no registration needed and we have equipment available for you to use - along with experienced players to explain the game. Remember to bring sneakers, water and wear comfortable clothing.

It's Mah Jongg time again!

Please join the Newbury Recreation Department at the Newbury Town Office Meeting Room for Mah Jongg game nights on Wednesday, September 26, October 24, and November 28 at 6:30 p.m. Space is limited to 24 players, so reserve your spot today!

If you know anyone who is willing to teach Mah Jongg to new players, please contact Rosie at rosie@newburynh.org or call (603) 763-4940 ext. 210.



Trunk-Or-Treat



It's that time of year again! Join the Newbury Parks and Recreation for an afternoon of family fun, games, magic and lots of trunk-or-treating!

Sunday, October 28, 1:00 p.m. - 3:00 p.m. at Fishersfield Park, 100 Old Post Road, Newbury, NH.

Afterschool Fun with French for Children in Grades K-5

Wednesdays: 3:30 p.m. - 5:00 p.m. (Library Bus Stop)

Dates: September 26, October 3, 10, and 24

At: Newbury Veterans Hall, 944 Rte. 103, Newbury, NH

Cost: \$50 per child.

Learning French has never been so much fun! This wonderful, non-intimidating 5-week program taught by Delphine Hill introduces children to the language using music, games, cooking and more!

For more information on all programs offered by the Newbury Parks and Recreation: contact Rosie Johnson, director, at rosie@newburynh.org, (603) 763-4940 ext. 210 Additional information available at www.newburynhrec.com. Follow us on Facebook at www.facebook.com/NewburyRecreation.



Library Happenings

There's lots going on as we head into autumn. Here's the schedule:

Monday, September 24 from 5:00 p.m. – 7:00 p.m.: Newbury Library hosts a Lake Sunapee VNA Flu Vaccine Clinic. Regular or High Doses of the vaccine are available. Medicaid, Medicare, Medicare Replacement or cash: \$30 for Regular, \$75 for the High Dose.

Monday, September 24 at 7:00 p.m.: Join us for author Julie Boardman's talk on "Death in the White Mountains". Boardman studies past fatalities and identifies the mistakes that caused them in the hope that readers can all learn to survive in the mountains. Free and open to the public. Held at the Newbury Vets Hall.

Monday, October 22 at 7:00 p.m.: At the Vets Hall, we will host Chef Liz Barbour for a workshop on Holiday Pies: Sweet and Savory. Making pies isn't as hard as you might think! Chef Liz Barbour will talk about the history of pies, how to make tender, flaky crusts, and what sweet and savory fillings to use. Following her discussion, she will demonstrate how to make the perfect pie crust followed by the demonstration of two delicious pies for everyone to sample. Don't miss this tasty class!

Monday, October 29 at 6:30 p.m. and 7:00 p.m.: A special two-part Ghost and Spooky Tales program at the Vets Hall with storyteller Simon Brooks, for both children and adults. Children are invited to join us at 6:30 p.m. (although the adults are also welcome to join us at this point), and the spookier tales for adults and older teens start after a break at 7:00 p.m. This program is for everyone, so even if you don't have children, please come! Anyone who likes a good story will enjoy this evening!

The Fells Poetry Walk: There is still time to check out this collaborative project between the Newbury Library and The Fells Historic Estate and Gardens. Our mission is to promote a love of poetry and a deeper connection to our natural world through the installation of 16 poems throughout the landscape of The Fells. This poetry installation will be rotated three times a year to reflect the changing seasons, and visitors are welcome to leave their suggestions for future poems (as well as any reflections they have) in the journals located at each poem site. Feel free to remove a poem from its stand before returning it to its original position. Call the Library at 763-5803 for more information, or stop by the Library or The Fells to pick up a brochure!

Organizational Restructuring: This Fall, we will be restructuring our organization slightly. Shannon has recently purchased a home in Tennessee with the intent to spend more time with her family and, while she will still be in the area for some months of the year, she will be resigning as our Reference Librarian. We will miss her greatly and thank her for her many years of dedication.

We have two open positions to fill: a part-time Children's Librarian; and a part-time Library Aide. Laura, our assistant director, will be taking on Reference and Interlibrary Loans, and will continue to do the Collection Development for Children and Teens. Visit our website at <http://newburynhlibrary.net/job>, or call 763-5803 for more details on the two positions.

As we change and grow, we remain dedicated to creating engaging programs and services for our community!

Exploring Nature After-School Program - 3:40 p.m. - 5 p.m.

Tuesdays, October 2 - 30: Grades 1-3

Thursdays, October 4 - November 1: Grades 4-5

A 5-week program in which students experience trail walks and explore the natural world with environmental educators from The Fells, LSPA and SCA. Appropriate footwear for trail walking and clothing for all weather is a must!

NOTE: Week 1 will be held at the library, but weeks 2-5 will take place at The Fells, so drop-off (for those not on the bus) and pickup will take place there. **Permission forms required.** Limit 12 per group. Call 763-5803 for more info or to sign up.



Family Fun Day

Sunday, December 2 at 3:30 p.m.

Newbury Vets Hall

The Hampstead Stage Company will bring to life the classic Christmas tale by Charles Dickens, "A Christmas Carol". In this timeless and universal story, children will listen to the tale of Ebenezer Scrooge and the spirits who visit him, while learning the importance of helping those who are less fortunate. All ages are welcome.

Volunteers Needed!

Newbury Parks and Recreation Department is looking for volunteers to help-out with our 2nd annual Trunk-or-Treat family Halloween event.



Trunk-or-Treat events have grown in popularity and are a fun and safe alternative to trick-or-treating door-to-door. At a Trunk-or-Treats, costumed children walk through a parking lot, stopping at cars that have decorated trunks and receive candy.



This event is scheduled for: Sunday, October 28, 2018

Time: 1:00 p.m. - 3:00 p.m. at Fishersfield Park. (200 Old Post Road, Newbury, NH)

Volunteers Needed:

- To decorate a car and pass out candy.
- To help with children's games.

Please contact Rosie at Newbury Parks and Recreation if you are interested in this volunteer opportunity. The Rec Department will provide the candy but donations of candy are always welcomed.



Thanks!

Rosie Johnson

(603) 763-4940 Ext. 210

Rosie@newburynh.org





A Walk Through Time

Excerpted with permission from:

“My Turn: A walk through time inside Mt. Sunapee State Park”

By Steve Russell

Concord Monitor

August 12, 2018

In a walk through time, into a forest never logged or otherwise affected by human endeavors, Chris Kane, conservation ecologist, led our small group of hikers last weekend [June 30] into Mt. Sunapee State Park’s primeval forest.

Over the course of a three-and-a-half-hour journey, we hikers heard this naturalist identify and interpret the complexity of Sunapee’s ancient forests. Though the temps reached 90 degrees that day, we were cooled by the deep shade of the lush forest. Taking a little-known path that branches off the Williamson Trail, Kane led us into areas of Mt. Sunapee State Park rarely visited by the public. There, he pointed out yellow birch trees in excess of 300 years, towering straight arrow red spruce, and sugar maple, many well past the two-century mark. He pointed out a 5-inch-tall hemlock, which appeared to be a sapling but was in fact 20 years old, patiently waiting for its turn in the sun to take its place among the ancient trees surrounding it.

Standing next to a tree he observed over 20 years ago, Kane marveled at the resiliency of the forest and quietly extolled the miraculous nature of the primeval environment whose conditions have been unaltered by man and self-regulated by nature since it emerged from the last ice age thousands of years ago.

Kane’s place in the history of Mount Sunapee was established over 20 years ago because of his rediscovery of Mt. Sunapee’s ancient forest. This forest, first documented in the “Manual of Mount Sunapee” in 1915, had receded in memory and become forgotten. Kane’s rediscovery of Sunapee’s rare forests in 1997 prompted the interest of the State of New Hampshire’s Natural Heritage Bureau which, over the next 20 years, documented and classified Sunapee’s unique forest matrix. The culmination of their work is **the 484-acre Exemplary Natural Community System (ENCS) which represents the absolute best of what is left of New Hampshire’s biodiversity.**

“Mt. Sunapee contains as much as ten percent of all the known ancient forest in New Hampshire, and the great majority south of the White Mountains.” – Chris Kane, conservation ecologist

So how rare are Mt. Sunapee’s forests? The statewide percentage of forests unaltered by human activity stands at one-tenth of 1%. Up to 10 % of that one-tenth of 1 % is within Mt. Sunapee State Park. Kane further stated, **“The full extent of Mount Sunapee’s rare forests has yet to be documented; there’s more to be discovered.”**

The naturalist also spoke of Mt. Sunapee’s establishment as a publicly accessible reserve dating back to 1911 when the Society for the Protection of New Hampshire Forests created a 656-acre forest reservation with trails open and free to the public. To achieve this goal, funds were raised by locally concerned residents to purchase the area in order to protect the ancient forest from being logged into extinction. Conservationist Herbert Welsh, who led this community effort, was so drawn to the beauty of Mt. Sunapee that he would walk over 400 miles from his family home in Pennsylvania to Sunapee every summer.

So, like those who were drawn to Sunapee’s rare forests over a century ago, we [hikers] emerged from the forest with a new appreciation for the uniqueness of this special part of Mt. Sunapee State Park and with an understanding that **these forests represent the last vestige of wilderness in this region of New Hampshire: they are what make Mount Sunapee State Park unique, and we should do everything we can to ensure that they are permanently protected.**

-Steve Russell is president of the Friends of Mount Sunapee and a member of the Newbury Conservation Commission.



As we say goodbye to the Summer of 2018, which was one of the warmest summers we have had in many years, we look forward to the next seasons here in Newbury!

The beautiful colors of the fall season.



The glistening of falling snow knowing ski season is right around the corner.



Let's Be Healthy Together!

Have You Taken Control of Your Health Today?

Life Line Screening will be here at Newbury Town Veterans Hall on Wednesday, October 3, 2018 offering safe, painless, non-invasive preventive health screenings that are typically not a part of a routine physical. To be more proactive about your health and to live longer for yourself, your family and your community, please register for these potentially life-saving tests today. Please refer to the attached flyer to get more info about how you can sign up while receiving \$10 off any package priced above \$139. For only \$139 (regularly \$149) you can learn your risk of having stroke or vascular disease.

There is no time like the present to take action! Learn more by watching this short video: <http://www.lifelinescreeningblog.com/introduction/>

Three ways to register:

- **Call toll-free: 866-229-0469**
- **Online: www.lifelinescreening.com/communitycircle**
- **Text: the word **circle** to 797979**

Check out the town website at www.newburynh.org



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