

# The Newbury Times



## Dennis' Desk

### **Farewell and Hello**

At the end of the summer, we bade farewell to Rosie Johnson, Newbury's Recreation Director. During her time with us, Rosie significantly increased and broadened our recreation programs through her unique combination of energy, dedication, humor and insight. We will miss her. However, we have been fortunate to have Sydney Bryk step up from her tenure at the recreation department and accept the director position. We look forward to her "growing" the department and partnering with other community groups in programs for all age groups. If you have ideas for future programs, please email Syd at [recreation@newburynh.org](mailto:recreation@newburynh.org), or call (603) 763-4940 ext. 210.

### **Transfer Station**

Ways to improve operations at the Transfer Station is on the front burner of the Selectboard's agenda. The Board is very pleased to have townspeople bring their ideas forward and we are all working for a solution that will meet the needs of all residents. One of the steps towards this goal is the new requirement regarding Transfer Station passes. **Effective October 1, 2019, all Newbury residents must have a new valid permit with an expiration date of 12/31/2021.** New permits are available from the Town Clerk or the Administrative Assistant. Stay tuned for additional improvements.

### **Fire Station**

Another item that remains on the front burner for the Selectboard is what to do about the fire station. All possibilities regarding the proposed station are being researched and pursued. A public hearing will be held later this fall to present the Board's findings and suggestions.

### **No Smoking, Please!**

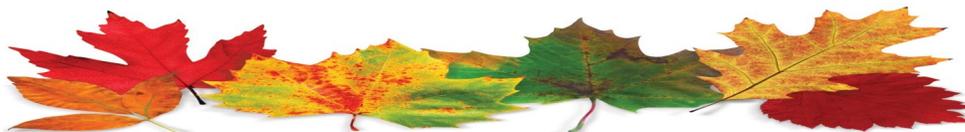
"No Smoking" signs have been placed on select town properties – Newbury Harbor, Blodgett Docks, Velie Playground, and Fishersfield Park. Concerns were communicated to the Selectboard regarding smoking issues on Town properties, prompting the Board's decision to designate town properties as non-smoking areas.

### **Fence-Me-In**

The Town is working with the operators of Mount Sunapee (The Vail Corporation) in what Vail calls their "Epic Promise Day". This is an annual program that Vail does in all their facility communities throughout the country. "Epic Promise Day" is a community service project day. In Newbury, the project will be the installation of a 4-foot-high picket fence around the Velie Playground. The labor will be provided by the staff from Mount Sunapee and Vail has provided \$3,500 to help offset the costs for the fencing materials. Thank you, Vail Corporation, for stepping up to the plate and making our town playground facility much safer.

### **The Falling Leaves...**

Autumn is just around the corner. Peepers are chattering at dusk these days and there have been some sightings of the first few leaves changing from green to red and gold. Enjoy our beautiful scenery before Old Man Winter arrives! As always, it's good to remember that we are very fortunate to live in a community that has so much natural beauty.



## Center Meeting House

As our warm summer drifts towards fall, we reflect on our accomplishments this year.

**June Speaker Series** - "Here's to Your Health" was a success with four physicians presenting up-to-date information on health issues, and author, Patricia Martin, PhD, offering her talk, "Well-Come to Retirement."

**Old Home Day** - Hundreds of people wandered in and out of the Meeting House to view it for the very first time, to climb the stairs to the attic, or to ring the famous John Hay Bell. Also, a slide show on the Meeting House restoration held the interest of many.

**Annual Meeting** - The July event was called to order by Joy Nowell, Chair. Everyone was welcomed. The Nominating Committee presented the slate to serve 3-year terms: Susan Azodi, Bob Caia, Regina Cockerell. Ivor Freeman presented thank-you gifts to retiring board members Jay Gamble, Patricia Sherman, Joy Nowell, and gave thanks to all for their service on the board. The business portion of the meeting was followed by an entertainment program, "Vaudeville: Here & Then," by Chuck Kennedy. The program ended with refreshments for all.

**"Thursday's Child" Dinner at Bubba's** - September 25, 5:00 p.m. - 7:00 p.m. Everyone is invited. Bubba's restaurant will contribute 20% of the receipts to the Center Meeting House. Reservations are recommended. Call Bubba's at (603) 763-3290 and we'll see you there!

**"Edgar Allan Poe Speaks!"** - October 30, 7:00 p.m. at the Meeting House. Join us for this one-hour program performed by actor C. Harmon, who speaks in character as Poe. This promises to be an evening of the acclaimed expert in "scary".

**Thanks-for-Giving Program** - November 24. This year will honor Newbury Poet Laureate Dianalee Velie who has been writing and teaching poetry, memoir, and short stories at colleges through the Northeast for over 40 years. Her award-winning poetry and short stories have been published in hundreds of literary journals. Locally, she moderates the John Hay Poetry Society and has been working on the Poetry Path from the Library to the Velie Playground. The Poetry Path feature poems from all NH poet laureates.

**Annual Tree Lighting** - December 1, 5:00 p.m. Sponsored by both the Newbury Beautification Committee and the Center Meeting House, the annual event features holiday caroling and yummy goodies afterwards. After the Tree Lighting, the Center Meeting House, Newbury's grand lady of the harbor, will be tucked in for the winter.

Please watch the mail for our fall flyer with information including the June 2020 Saturday Speaker Series, "Every vote counts, or does it?" These four Saturdays in June, just in time for another election, will stress the importance of voting. For more information, visit our website [www.centermeetinghouse.org](http://www.centermeetinghouse.org).

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## Newbury Beautification Committee

### **A Glance Back Over the Summer**

As the summer season comes to an end, Newbury Beautification Committee (NBC) would like to express its thanks.

First, a "thank you" Luke Kalpakgian, the NBC 2019 Landscape Intern, for the excellent job he did in maintaining the harbor area from Memorial Day through Labor Day. Enhanced by NBC's flowers and Luke's hard work, the harbor was a most welcoming and enjoyable retreat for Newbury residents and summer visitors.

The NBC also thanks Master Gardener Dick Wright for presenting three very interesting and informative gardening programs this spring and summer, which were sponsored by NBC and Newbury Library. A fourth and final gardening program on "Putting Your Garden to Bed" will be presented by Kiki Schneider on September 23, at 7:00 p.m. at Vets Hall.

### **A Look Forward**

NBC is looking ahead to our busy fall activities and gearing up for our annual Wreath Sale on November 30 (the Saturday after Thanksgiving), from 9:00 a.m. to 12:00 noon.

We have a new supplier this year and we also will take pre-orders for the larger wreaths (18-, 24-, 30-, or 36-inch), kissing balls, and 40-pound balsam bales. Please contact Cindy Peterson at [info@lakeinnsunapee.com](mailto:info@lakeinnsunapee.com) before October 15 to place an order. We have already had our first workshop and made our signature birch ornament. Every year is a different design! More workshops to come will provide beautiful and unique hostess gifts for sale and our boutique of gently used holiday decor will be sure to please, as always. We look forward to seeing you as the holiday season approaches!

## Code Enforcement Officer

Two important updates to the permitting process were passed by the state legislature this year and signed into law by Governor Sununu. The following bills were updated:

- House Bill 562, which mandates following the NH State Building Codes for 2015. Effective date: September 15, 2019.
- Senate Bill 49, which updates the NH Fire Code to the 2015 edition of NFPA I. Effective date: September 8, 2019.

The updates to the codes will streamline the process of filling out forms and reduce the need to cross-reference information within the code book. “These updates will help expedite the process for architects and contractors,” says Jack Shephard, Newbury Code Enforcement Officer.

The main purpose of building codes is to protect the public’s health, safety and general welfare as they relate to the construction and occupancy of buildings and structures. “These updates to the state building codes are important because they ensure that architects and contractors are adhering to the safest methods possible when designing and building structures,” says Shephard.

Shephard invites any and all to contact him if needed. “We have a great team working every day to help our townspeople with any questions or concerns about permitting,” he says. “My door is always open for help or questions.” Contact him at (603) 763-4940 ext.203, or E-mail [jack@newburynh.org](mailto:jack@newburynh.org).

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## Attention All Dock Owners! New Bubbler Law in Effect

On May 15, 2019, Governor Sununu signed into law an amended regulation covering the use of popular de-icer/agitator/bubbler devices used on lakes and waterbodies in the state during the winter months.

**The new regulations went into effect on July 14, 2019.**

Here’s what the new law says:

### **2019 NH State Legislature Passes Amended RSA 270:33** **Heating , Agitating, or Other Devices in Public Waters; Safety Hazard.**

No person shall put, place, operate, or cause to be put, placed, or operated in the waters of this state any so-called heating, agitating, or other device which inhibits or prevents the natural freezing of water, or forming of ice, and thereby impedes either the ingress or egress to or from the ice from any property other than that of the owner of the device.

The person or persons responsible for the placement of the device shall ensure that warning signs are posted to warn of its location. Said signs shall read DANGER, THIN ICE and shall be of sufficient size to be readable at a distance of not less than 150 feet, and shall be visible from all directions and shall be equipped with reflectors and color-coded in a pattern unique for this purpose only. The department of safety is hereby authorized to establish said unique design and coloring and any homemade copies shall follow this design and coloring.

The provisions of this section shall be enforced by any law enforcement agency under the direction of the department of safety pursuant to RSA 106-A:14 and the department of fish and game pursuant to RSA 206:26.

## **Bubbler Workshop Coming This Fall!**

*The Newbury Conservation Commission will host its annual Bubbler Workshop this fall at the Town Office.*

*Date to be announced on the Town website [www.newburynh.org](http://www.newburynh.org).*

*All are welcome!*

# Newbury Historical Society News

## Annual Meeting and Program

On September 15, 2019 at 3:00 p.m. in the Newbury Veterans Hall, Jo Radner presents “*Family Stories: How and Why to Remember and Tell Them.*” Telling personal and family stories is fun - and much more. Storytelling connects strangers, strengthens links between generations, and gives children the self-knowledge to carry them through hard times. Knowledge of family history has even been linked to better teen behavior and mental health. In this active and interactive program, storyteller Jo Radner shares foolproof ways to mine memories and interview relatives for meaningful stories. Participants practice finding, developing and telling their own tales.

Jo Radner received her Ph.D. from Harvard University. Before returning to her family home in western Maine as a freelance storyteller and oral historian, she spent 31 years as professor at American University in Washington, D.C., teaching literature, folklore, American studies, Celtic studies, and storytelling. She has published books and articles in all those fields and is now writing a book titled *Performing the Paper: Rural Self-Improvement in Northern New England*, about a 19<sup>th</sup>-century village tradition of creating and performing handwritten literary newspapers. She is past president of the American Folklore Society and the National Storytelling Network.

This program is made possible by a grant from the New Hampshire Humanities program.

## South Newbury Buildings Added to NH State Register of Historic Places

The New Hampshire Division of Historical Resources

announced in February that the State Historical Resources Council has added the three community buildings in South Newbury to the New Hampshire State Register of Historic Places. The three buildings sit side-by-side in the village center and represent a variety of civic uses over the past 150 years. Here they are:

- **Old Town Hall** – Built in 1876, the front-gabled Greek Revival building with a bracketed entry hood served as a gathering place for public affairs for more than a century. Town and school meetings were conducted here as well as various receptions, dances, plays and entertainments. Prior to relocating to their present offices, the Town Clerk/Tax Collector and Police Department occupied the two front rooms of the building.
- **Sherman Hall** – When space became inadequate in the Old Town Hall, Newbury voted to build a selectman’s office in 1916. Notable for its gambrel roof, the structure is an example of an early 20<sup>th</sup> century Colonial Revival town office building. In addition to office space and a fireproof archival vault on the first floor, the South Newbury branch of the town library once occupied the second floor. Named after former selectman and town historian Ernest Sherman, the building is currently home to the Newbury Historical Society.
- **Sunapee Lake Grange #112** – On the former site of a blacksmith shop, the Grange was erected in 1902. The Grange sold the building to the town in 2004 but retains the right to use the first floor.



## Let’s Be Healthy Together!



Life Line Screening, a leading provider of community-based preventive health screenings will be in our community on Wednesday, November 13, 2019 at Newbury Town Veterans Hall. Ultrasound screenings to identify risk factors for Cardiovascular disease include; **Carotid Artery** (plaque buildup-a leading cause of stroke), **Abdominal Aortic Aneurysm** (an enlargement or weak area in the main blood vessel that carries blood from the heart to the rest of the body), **Peripheral Arterial Disease** (hardening of the arteries in the legs), a **Heart Rhythm Screening** (an EKG to detect Atrial Fibrillation-irregular heartbeat) and an **Osteoporosis Risk Assessment** for men and women. Being proactive about your health by knowing your risks helps you and your doctor address problems early.

Register online TODAY at [www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle) and receive your “Community Circle” discount and your Preferred Appointment!



## **Newbury Recreation**

**Join us for a morning of family fun, including games and lots of trunk-or-treating!**



**Sunday, October 27th**

**10:00 a.m. – 12:30 p.m.**

**Newbury Town Offices, 937 Route 103**



For more information about this event visit our  
facebook page,  
<https://www.facebook.com/NewburyRecreation/>  
or the town website,  
<https://www.newburynh.org/>



## Newbury Recreation

Is looking for Halloween enthusiasts with decorated trunks and candy to help with our 3<sup>rd</sup> Annual Trunk-or-Treat.



**This event is scheduled for:**

Date: Sunday, October 27, 2019

Time: 10:00 A.M. - 12:30 P.M.

Place: Newbury Town Offices,

937 Route 103



### Volunteers Needed:

To help with children's games.

### Donations:

If you would like to donate candy for this event, please drop off at the town offices.



If you're interested in participating or volunteering email the Rec. Department at [recreation@newburynh.org](mailto:recreation@newburynh.org).

Thanks!

Sydney Bryk

(603) 763-4940 Ext. 210

[recreation@newburynh.org](mailto:recreation@newburynh.org)



# Newbury Fire Rescue

This year has been another busy one for Newbury Fire Rescue. Emergency calls from January – July numbered 213, an increase of 11 over the same period in 2018. Non-emergency department activity for the same period (inspections, issuance of permits, trainings and meetings) were on the rise this year as well. All in all, the department services remain in high demand. The numbers look like this:

## Calls for Service January – July 2019

Category	Number
Medical	67
False Alarm	37
Service Call	34
Vehicle Incidents	30
Mutual Aid	19
Smoke/Spill/Release	13
Search/Rescue	6
Fire	5
Wires Down	2
Calls for service	213
Non-Emergency	
Inspections Conducted	31
Permits Issued	163
Training & Meetings	35
TI Non-Emergency Service	229
Total Activity	442

### **Use 911 for Emergencies Only!**

New Hampshire 911 can save lives. It is designed to help people in trouble and has resulted in the safe rescue of hikers on Mount Sunapee as well as on the lake. Unfortunately, NH 911 can also activate an unnecessary emergency response when not used properly. The result? Emergency responders are sent to the site when an emergency does not exist.

#### Example of an actual 911 emergency mis-use:

A cellular device dropped in a boat on Lake Sunapee accidentally activated the emergency 911 function and triggered a huge response of first responders. Boats and land units from Newbury Fire Rescue, Newbury Police, Sunapee Fire and Police, New London Fire, New London Ambulance and NH State Police Marine Patrol searched the area where the 911 signal originated. NH 911 attempted numerous times to reach the phone which was not answered. Police officers (through phone information from 911) were finally able to locate the owner at a residence, who indicated that there was no emergency.

#### Example of an actual 911 emergency:

An injured hiker on the Summit Trail of Mount Sunapee was quickly located and rescued from the woods because the hikers had a cell phone with them and were able to give the 911 dispatcher good location information and remained on the phone with the rescuers as they responded on the trail.

## Newbury Fire Rescue, Continued

### Note:

If you mistakenly dial 911, please stay on the phone for the 911 Dispatcher. If 911 calls you back, answer the phone and explain that the call was in error. If the 911 operator is not able to contact the caller, he/she is required to send police to the location of the call.

Even where normal cell service is spotty, 911 emergency calls do go through. Even if you do not know your exact location, the technology at the 911 Center can determine the location of the phone very accurately. Finally, please remember to carry a fully charged phone when hiking or boating.

### **Permits Required for Installation of Heating Equipment**

Now that it's almost fall, the cold weather cannot be far off. This is the time to start thinking about installing a wood stove in your home or upgrading your gas or oil furnace. Please keep in mind that **a permit is required from the fire department for the installation all wood, oil and gas heating equipment.** You can download an application from the Newbury Fire Rescue website at [www.newburyfd.org](http://www.newburyfd.org). This is also the time to have your furnace serviced prior to heating season and to have your chimney professionally cleaned if you heat with wood.

### **Outside Fire Permits**

Permit renewals for Seasonal Category I and Category II Outside Burning Permits are now available online. Go to [www.newburyfd.org](http://www.newburyfd.org).

If you have not received a permit in the past, the Forest Fire Warden must inspect the outside fireplace or fire pit location to verify that the distance to buildings and other combustibles meets the state outside burning requirements. Once the inspection has been completed, and the permit issued, it is valid for calendar year.

Online seasonal permits only are for Category I (fireplaces/fire pits less than 2-feet in diameter) and Category II (fireplaces and fire pits 2- to 4-feet in diameter). Category III permits (for larger fires) require an inspection and written permit from the Forest Fire Warden and cannot be requested online.

Category I fires can be kindled at any time. Category II fires are limited to 5:00 p.m. - 9:00 a.m. Please go to [www.newburyfd.org](http://www.newburyfd.org) for complete information on the state burning requirements and Forest Fire Warden contact information.

### **A Word About Spontaneous Combustion...**

Newbury Fire Rescue responded recently to a call for smoke in a home. A small fire on a couch was quickly extinguished, but there was considerable smoke in the house. An investigation found that rags that were used when painting had been left on the furniture and spontaneous combustion of the rags extended to the fabric on the couch.

Please be sure that any rags you use for painting or staining – or rags soaked with any flammable liquid – are disposed of in an appropriate container outside of the building. Also, be sure that you have working smoke detectors throughout your home.

Between editions of *The Newbury Times*, please follow Newbury Fire Rescue on our Facebook page:



## Newbury Duo Takes the Honors!



*LSPA President Willie McLaughlin is flanked by the 2019 Rolf Eliassen Award recipients, Nancy Marashio (left) and Kathryn Holmes (right).*

The Lake Sunapee Protective Association (LSPA) honored two longtime dedicated Newbury volunteers (pictured at left) at the LSPA annual meeting in July. Nancy Marashio and Kathryn Holmes were awarded the prestigious LSPA Rolf Eliassen Award for their respective decades of exceptional service and dedication to LSPA and its mission to preserve the lake and surrounding watershed.

Nancy Marashio was cited for her 30 years of service that includes the LSPA Board of Directors, chair of the Public Awareness Committee, LSPA Canvasser, chair of the LSPA Watershed Committee, and extensive volunteer activities.

Katheryn Holmes was honored for her commitment to the Lake Sunapee area and community, her deep dedication to the lake, and her continued generosity, expertise, time, energies and advocacy. The Award cited her ongoing service in many capacities, including ex-officio Board Director representing the Town of Newbury, chair of the LSPA Bubbler Committee, and extensive volunteer activities.

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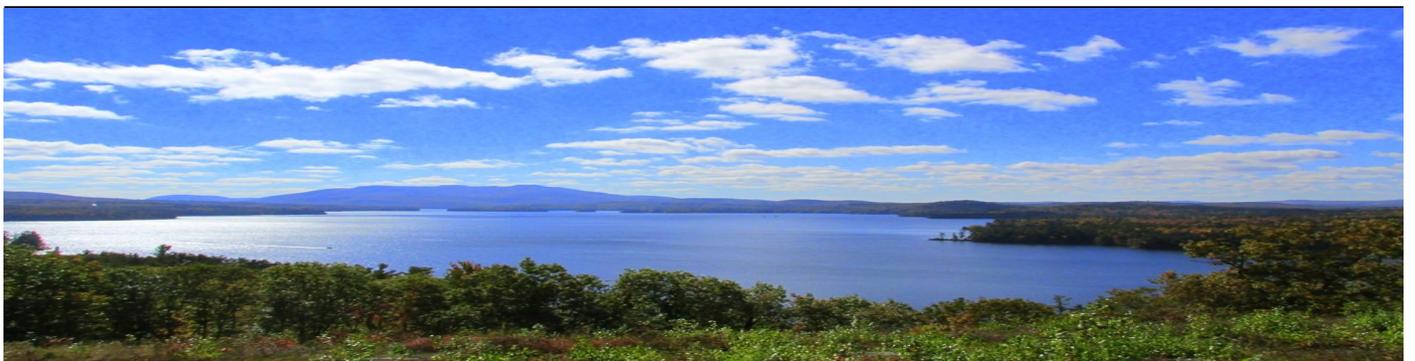
The Award was established in honor of Rolf Eliassen, a Lake Sunapee summer resident who, in the mid-1950s, conducted the first water samples and tests of Lake Sunapee's water quality. His work began the long tradition of water testing by LSPA volunteers and established the scientific basis for LSPA's work to preserve the excellent quality of Lake Sunapee's water.

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## Newbury Public Library is Hiring!

The Newbury Public Library seeks a highly motivated, energetic and creative part-time Children's Librarian for 20 hours per week. Expected schedule is Mondays 9:30 a.m. - 3:30 p.m., Tuesdays and Thursdays 1:00 a.m. - 6:00 p.m., and Saturdays 10:00 a.m. - 2:00 p.m. For complete job description, visit: <http://newburynhlibrary.net/employment>.

Interested candidates should submit resume and cover letter by email to: Lea McBain, Library Director at [director@newburynhlibrary.net](mailto:director@newburynhlibrary.net). Position will be open until filled. Call (603) 763-5803 for details.



## Library News

**Wednesday, September 11:** 1:00 p.m. at the library. Join our monthly Writer's Group. This is a group for people who like to write, share their writing, and share advice! Everyone is welcome to join this group.

**Wednesday, September 18:** 6:00 p.m. at the Newbury Vets Hall. Join us to learn about the history of Blodgett Landing with John Greenwood. It is one of the 11 major "landings" on Lake Sunapee. Learn about its origins as a Spiritualist community, its famous residents, community life and more!

**Monday September 23:** 7:00 p.m. at the Newbury Vets Hall. Learn how to put your garden to bed for the season. Tips and strategies offered by the Newbury Beautification Committee and a Master Gardener!

**Monday September 30:** 5:00 p.m. – 7:00 p.m. at the library. Flu shots offered by the Lake Sunapee Region VNA & Hospice Flu Clinic. Regular or high dosages are available. Medicaid, Medicare and Medicare replacement are accepted or cash: \$35 for a regular dose, or \$80 for a high dose.

**Afterschool Tinkerclub at the Library:** Tuesdays, September 17 – October 15 for Grades 1-3. Thursdays, September 19 – October 17 for Grades 4-5. Join us after school at the library as we play with squishy circuits, build robots, try our hand at marble runs, experiment and get creative! Best of all, it's free, and the school bus stops here! Sign-up (at the library) is required and space is limited to 12 children per day.

**Wednesday, October 2:** 11:00 a.m. – 1:00 p.m. at the Friendship House in South Newbury. Join us for Bag Lunch Crafting! Bring a lunch or snack and your crafts and get creative with us. We will also be bringing beading and needle-felting supplies for those of you who would like to work on those projects – or to learn something new! We will have another session on Wednesday, November 6 from 11:00 a.m. – 1:00 p.m.

**Sunday, October 13:** 3:00 p.m. at the Newbury Vets Hall. Maura MacNeil joins us for "Family Memory Place: Writing Family Stories". This is part of the "Courage to Create" series, run by the Literary Guild of the Center for the Arts, Lake Sunapee Region. This interactive workshop explores how the landscapes of our lives shape the stories that we tell. Participants explore the themes of family, memory and place through sample narratives and a series of short writing exercises. The workshop offers participants a deeper awareness of how their stories can preserve personal, generational and communal history. This is a Humanities to Go program, run by the Center for the Arts, Lake Sunapee Region.

**Monday, October 28:** 7:00 p.m. at the Vets Hall. Damian Costello joins us for "That the People May Live: The Life and Legacy of Nicholas Black Elk, Holy Man of the Lakota". This lecture explores the life and legacy of Nicholas Black Elk (c.1866-1950), the Lakota holy man made famous by the book *Black Elk Speaks*. During his long life, Black Elk lived out his vision in three overlapping roles: as a traditional healer, a Catholic teacher, and a revivalist of Indigenous traditions. In the midst of great tragedy, Black Elk wove these three strands into one beautiful life exemplifying survival, hope and reconciliation. This talk is based on extensive historical research, extended residency in Indian Country, and continuing conversation with Lakota elders. This is a Humanities to Go presentation.

Call (603) 763-5803 for more information on any of these programs!



# Newbury Public Library Foundation

## \$100,000 Raised

The Library Trustees have been working toward a renovation and expansion plan for over six years. In 2017, the town gave a “YES” vote for funding planning and initial sketches with the architect. The Trustees established a Foundation for tax-deductible giving to help offset warrant article bonding. The library is in dire need of significant renovations, so the Trustees are marching toward our expansion plans hoping to curtail critical repairs. Our goal is to renovate while expanding, leading to a lower cost overall.

The expansion will provide an enlarged children’s room, and a place older kids can call their own. Modernized IT facilities and small conference rooms will support web streaming and future business growth. A program room will enable small programs to be held in the library, especially important for programs geared toward children and our aging population.

If your neighborhood or organization wants to know more about the plans, we would welcome attending your meeting for a 15-minute presentation.

We have several volunteer roles available for anyone interested and committed. Meet new people while supporting the heart of our community. Contact the [Foundation Chair](#) or see Lea McBain, our Library Director. Learn more at this link: [www.newburypubliclibraryfoundation.org](http://www.newburypubliclibraryfoundation.org).





## Old Home Day Highlights

Check out the town  
website at  
[www.newburynh.org](http://www.newburynh.org)

 Town of Newbury,  
New Hampshire

P.O. Box 296  
937 Route 103  
Newbury, NH 03255  
603-763-4940